



Upper Norwood Group Practice

ISSUE 2 SEPTEMBER 2017

Welcome to this edition of our newsletter. The aim of our newsletter is to keep our patients informed on what is currently happening at the practice. Please contact us if you have any comments, suggestions or contributions that you may have.

Welcome

A warm welcome to our new members of the team.

Dr Fiona Danson
Dr Charmaine Ribeiro
Dr Rosie Neal
Dr Theo Pelly

Farewell

We have said farewell to the following members of the team.

Dr Brian Udokoro
Dr Theo Floyd
Dr Miriam Saey-Al-Rifai
Karen Nash

We wish them well for the future.

Practice Survey + Friends and Family Test

Thank you to those patients who completed our Practice Survey and the Friends and Family Test in the surgery. We have had over 80% positive feedback from both surveys saying that the practice is meeting expectations and that patients are extremely likely to recommend the practice to their friends and family.

If you have a good experience when visiting the surgery, please tell us about it by logging onto NHS Choices.

Contact Details

It is really important that we have up to date contact information for all our patients. Please inform us, as soon as possible, if you move house, change your home telephone number or mobile number.

Your current mobile number is extremely important to us as it allows us to send you reminders text about any upcoming appointment.



Health Information

Flu Vaccinations

Flu season will be upon us soon. We will be starting to offer vaccinations from September onwards.

- Are you eligible for a flu jab?
- Are you aged 65 & over?
- Do you have chronic disease such as Diabetes/Asthma/COPD?
- Are you pregnant?
- Are you a carer?
- Do you have children aged 2-4?

Pharmacy First

Did you know that healthcare advice without an appointment is available from your local pharmacist?

Try your pharmacy first for health problems such as fever, colds, sore throats, hay fever, thrush, constipation, diarrhoea, head lice, bites and stings.

If you do not normally pay for a prescription charge, the pharmacist will be able to provide you with medicine for minor conditions for free.

Patient Participation Group

Our Patient Participation Group needs you!!

Upper Norwood Group Practice would like to invite you to join us in making our practice the best practice possible for you.

Please have a look on our website to see what has been discussed at our previous patient participation group meetings.

If you would like to join please leave your details at reception.

Medical Students

We are a teaching practice for Kings College and St George's Medical students. At various times we have Year 1, Year 4 and final year students attached to the practice. We are grateful to our patients for their help in the training of these keen future doctors.

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